

# Lesrooster

Geldig per 1 september

Zaal 1	maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
09:15	Yin Yoga	Yoga	Yin Yoga	Yoga	Yin Yoga		Yoga
10:30	Aerial Yoga	Yin Yoga	Yoga	Aerial Yoga	Yin Yoga		Yoga
11:45	Yoga						
12:00			Vinyasa Yoga				
13:00	Yin Yoga						
16:00					Yoga		
17:15					Vinyasa Yoga		
17:45	Vinyasa Yoga						
18:15		Yin Yoga					
18:30			Yoga				
19:15	Vinyasa Yoga						
19:30		Yin Yoga		Aerial Yoga			
19:45			Yoga				
20:30	Yin Yoga			Yin Aerial Yoga			
21:00		Aerial Yoga					

Ten Tije sport & wellness beleving

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 @tentijesport  
 Ten Tije sport & wellness beleving

Openingstijden

Ma - do 08.00 - 22.00 uur  
 Vr 08.00 - 21.00 uur  
 Za - zo 09.00 - 15.00 uur